



Living with Stroke

Putting the pieces back together

An eight week support session for anyone who has had a stroke and their major support or caregiver

The *Living with Stroke™* program will provide stroke survivors and their caregivers information and support that will make living with stroke easier.

ICAN - Independence Centre and Network

765 Brennan Road, Sudbury ON P3C 1C4

September 28th, 2011 for 8 weeks

Wednesday from 1:00 pm to 2:30 pm

Cost : none

For more information or to register, please contact:

Cory Berube, Rehabilitation Support Worker

Telephone: 705-673-0655 ext. 1578

E-mail: cberube@ican-cerd.com

OR

Gaetanne Larocque, Rehabilitation Support Worker

Telephone: 705-673-0655 ext. 1551

E-mail: glarocque@ican-cerd.com

Who is Eligible?

- Adults who have had a stroke and their caregiver

Topics Covered:

- Physical effects
- Recovery strategies
- Communication
- Lifestyle changes
- Issues in care giving
- Emotional impact
- Treatments
- Community resources

www.ican-cerd.com

'Ican Sudbury' on Facebook

In partnership with:



HEART &
STROKE
FOUNDATION

FONDATION
DES MALADIES
DU CŒUR

*Finding answers. For life.
À la conquête de solutions.*